

Student Evaluation and Reflection Form

Businesses and Schools Investing in Cooperative Solutions

To be completed AFTER your career shadowing experience. You may write your answers and submit them to your career shadowing contact or complete the questions online by going to https://www.surveymonkey.com/r/CMC8FG9

Student Name	School	
Check the appropriate response:		
1. Do you have a better underst	anding of the profession after partic	cipating in career shadowing?
Yes	Somewhat D No	0
2. Were all of your questions that	t you asked answered?	
Yes (all questions were answered)	Somewhat (some questions were answered)	□ No (none of my questions were answered)
3. Was the career shadowing ex	perience worthwhile?	
□ Yes (definitely helpful)	Somewhat helpful	□ No (not helpful)
4. Would you recommend this en	mployer for future shadowing oppor	rtunities?
□ Yes (definitely)	□ Somewhat	□ No (explain)
Comments:		
 Yes (definitely helpful) 4. Would you recommend this en Yes (definitely) 	□ Somewhat helpful mployer for future shadowing oppor □ Somewhat	rtunities?

Now that you have completed your career shadowing experience, take some time to reflect on what you observed and how it might affect your plans for the future.

- 1. What are the title and responsibilities of your workplace host?
- 2. What parts of the job were interesting to you? Boring to you? Please explain.

Please complete next page

- 3. Would you consider a career in this field? Why or why not?
- 4. What surprised you most about what you learned, heard or observed?

5. What knowledge and skills are required to be successful for the job you shadowed?

6. What must you do to obtain the skills and knowledge identified in # 6 (i.e. on the job training, technical school, college, etc.)?

7. What knowledge and skills are you learning or have learned in school that will be used on the job (i.e. math skills, English skills, technical skills, computer skills, etc.)?

8. What other ideas for careers came to mind while you were on your career shadowing experience?

9. How could we improve this career shadowing experience for other students in the future?